

PEER-BASED RECOVERY SERVICES

Peer Support Connection Warmline of Minnesota

Confidential and anonymous one-to-one peer support from trained Peers, Certified Peer Support Specialists, and Recovery Coaches.

Available 5pm to 9am (7 days a week/365 days a year)

- **Phone:** 844-739-6369
- For more information, including information on the Virtual Peer Support Network available on Zoom, visit www.mnwitw.org

RECOVERY ALLIANCE DULUTH

Recovery Alliance Duluth (RAD) connects individuals seeking or experiencing recovery from substance use issues to others who have walked a similar path through peer-to-peer recovery support. Our trained Peer Recovery Specialists provide flexible, voluntary, non-clinical, and confidential services.

- **Phone:** 218-576-6005
- www.recoveryallianceduluth.org

INDIVIDUALS AT RISK FOR INCARCERATION

HDC Embedded Social Worker

Carlton County Law Enforcement

Mon-Fri, 8am–4:30pm

Community partner focusing on issues that result in frequent police contact or dangerous behaviors. The Embedded Social Worker looks for opportunities to divert clients away from the criminal justice system.

- **Email:** Carltonembeddedsocialworker@hdcmn.org

EMERGENCY SHELTER SERVICES

CHUM

Emergency shelter, food and street outreach.

- **Address:** 102 West Second Street, Duluth, MN 55802
- **Phone:** 218-720-6521 x211
- **Email:** chum@chumduluth.org

Life House

Supportive services for homeless and struggling youth ages 14 to 24 in Duluth, MN.

- **Phone:** 218-722-7431
- **Email:** info@life-house.org

CARLTON COUNTY CRISIS AND RECOVERY RESOURCE

BEHAVIORAL HEALTH AND EMERGENCY SHELTER



ARROWHEAD behavioral health initiative

abhimn.org

PHONE. TEXT. EMAIL AND CHAT

All services are 24 hours unless otherwise specified.

Arrowhead Regional Crisis Line

Connects directly to local area resource.

Available to all ages.

- Phone: 844-772-4724
- Chat: www.firstcall211.net

988 Suicide and Crisis Lifeline

- Phone/Text: 9-8-8
- Chat: www.988lifeline.org/chat

Veterans Crisis Line

- Phone: 9-8-8 and Press 1

Crisis Text Line

- Text: 9-8-8

Minnesota Farm and Rural Helpline

- Phone: 833-600-2670
- Text: Text "FARMSTRESS" to 898211

IN-PERSON RESPONSE AND RESIDENTIAL CRISIS STABILIZATION

Mobile Crisis In-Person Response

Phone Arrowhead Regional Crisis Line to access Mobile Crisis Response

- Phone: 844-772-4724

Mental Health Crisis Residential

(Short-term 2- to 10-day Crisis Residential)

Birch Tree Center, Duluth, MN

- Phone: 218-623-1800

Wellstone Center, Virginia, MN

- Phone: 218-471-4327

New Leaf Healing Center, Cohasset, MN

- Phone: 218-999-0092
- Cell: 218-256-8654

Yellow Leaf Support Center, Duluth MN

- Phone: 218-740-5300

Valley Pine Center, International Falls

- Phone: 218-283-3406

Outpatient Psychiatry, Therapy, Chemical Treatment and Community Support

WebMed Mental Health

Crisis/Walk-In appointments Mon-Thurs 2pm

Mon-Fri 9am to 5pm

- Phone: 218-310-8896

WITHDRAWAL MANAGEMENT AND SUBSTANCE USE DISORDER TREATMENT

Haven Chemical Health

Intensive outpatient program for substance use with morning and evening groups.

Mon-Thur 9am to 12pm and 6pm to 9pm

- Phone: 218-879-5545
- Email: info@havensmn.com

Pioneer Recovery Center

Residential high and medium intensity treatment for women

Mon-Fri 8am to 4pm

- Phone: 218-879-6844

Human Development Center (HDC) Carlton County Recovery Services

Substance use disorder treatment for adults - offering full assessments and outpatient treatment.

Mon-Tues 8am to 7pm, Wed-Fri 8am to 5pm

- Phone: 218-728-4491

CADT Detox/Withdrawal Management Unit, Duluth MN

Available 24/7

- Phone: 218-529-3455

Clearpath Opioid Treatment Program (Methadone)

Mon-Fri 5:30am to 1:30pm, Sat 6am to 9:30am

- Phone: 218-529-1188

OBOT (Office Based Opioid Treatment - Suboxone)

- Phone: 218-302-8754