



DULUTH AREA CRISIS RESOURCES

BEHAVIORAL HEALTH & EMERGENCY SHELTER



abhi

ARROWHEAD behavioral health initiative

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The Arrowhead Behavioral Health Initiative (ABHI) represents the Minnesota Counties and Lake Superior Chippewa Bands of Bois Forte, Carlton, Cook, Fond du Lac, Grand Portage, Itasca, Koochiching, Lake and St. Louis. The ABHI strives to improve the life of individuals with mental illness through the development and enhancement of resources, support, and services in northeastern Minnesota.

www.abhimn.org

PHONE. TEXT. EMAIL AND CHAT

All services are 24 hours unless otherwise specified.

Arrowhead Regional Crisis Line

Crisis Phone Line available to all ages.

Free and confidential

- Phone: 844-772-4724
- Chat: www.firstcall211.net

National Suicide Prevention Lifeline

- Phone: 800-273-8255
- Text: Text "START" to 678678
- Chat: www.suicidepreventionlifeline.org/chat

Veterans Help Line

- Phone: 800-273-8255 and Press 1

Statewide Text Line

- Text: Text "MN" to 741741

Minnesota Farm and Rural Helpline

- Phone: 833-600-2670
- Text: Text "FARMSTRESS" to 898211

IN-PERSON RESPONSE AND RESIDENTIAL CRISIS STABILIZATION

Mobile Crisis In-Person Response

(Duluth and 30-mile radius). Phone Arrowhead Regional Crisis Line to access Mobile Crisis Response

- Phone: 844-772-4724

Mental Health Crisis Residential

Birch Tree Center (Short-term 2 to 10 day Crisis Residential)

- Phone: 218-623-1800

WITHDRAWAL MANAGEMENT AND OPIOID TREATMENT

CADT Detox/Withdrawal Management Unit

Available 24/7

- Phone: (218) 529-3455

Clearpath Opioid Treatment Program (Methadone)

Monday through Friday 5:30am to 1:30pm, Saturday 6:00am to 9:30am

- Phone: 218-336-4663

OBOT (Office Based Opioid Treatment - Suboxone)

- Phone: 218-529-1185

INDIVIDUALS AT RISK FOR INCARCERATION

Duluth Police CORE Unit

(Monday through Friday, 8:00am–5:00pm)

Community partner focusing on issues that result in frequent police contact or dangerous behaviors. CORE looks for opportunities to divert clients away from the criminal justice system.

- Email: CORE@DuluthMN.gov

Duluth Police Substance Use Response Team (SURT)

Monday through Friday, 8:00am–4:30pm

SURT offers Peer Recovery as well as mobile comprehensive assessments to individuals in St. Louis, Carlton, & Lake counties in Minnesota, as well as Superior, Wisconsin. SURT is able to assist individuals in accessing recovery supportive services, including transportation to and from appointments. Referrals can be made by email or by calling the main number.

- **Phone:** 218-730-4009
- **Email:** SURT@DuluthMN.gov

STREET OUTREACH AND EMERGENCY SHELTER SERVICES

Outreach services for the people experiencing a loss of home or shelter

- **Phone:** 218-260-7573
(Seven days a week, 8:00am–8:00pm)
- **Phone:** 218-390-3580
(Monday through Friday, 8:00am–4:30pm)

Clean and Safe Outreach Specialist

Outreach for unsheltered persons in the core downtown area of Duluth.

- **Phone:** 218-340-8274
(Monday through Friday, 8:00am–4:30pm)
- **Email:** rgraves@blockbyblock.com

CHUM

Emergency Shelter, Food and Street Outreach.

- **Address:** 102 West Second Street, Duluth MN 55802
- **Phone:** 218-720-6521 x211
- **Email:** chum@chumduluth.org

Life House

Supportive services for homeless and struggling youth ages 14 to 24.

- **Phone:** 218-722-7431
- **Email:** info@life-house.org